

Perfumes can spell trouble for skin during the summer,
when intense sunlight can react with fragrances
which have a high alcohol content, increasing
hyperpigmentation (brown marks known as age spots).

To avoid these, dab your eau de toilette behind the ears
rather than spraying it onto your neck and chest.



Beauty Counter

Nougat Solid Perfume Compact

A blend of cocoa butter and carnauba wax are combined with beeswax to create this gorgeous perfumed balm. Choose from two fragrance combinations – tuberose and jasmine or fig and pink cedar. Simply warm it between your fingers and massage on to the skin for an intense, lasting scent (£25; 020 7323 2222).